

CEFR B2-C2



Seven Skills
Leadership
Programme



Focus on your core skills to become a future leader.



Veerle

The **7Skills Leadership Programme** is designed to prepare today's teenagers for tomorrow's real world.

By understanding leadership as a reflective practice requiring continuous self-development, this programme is structured around 7 main themes:

Team-building, Active Listening, Effective Communication, Creativity, Empathy, Charisma & Critical Thinking.



Dusemond
Study Programmes



Team building

It is essential for students to understand how team building can help them build a better future. A good team is made up of introverts, extroverts and many different personalities and strengths. Our Team building activities will allow students to learn more about each other and themselves.

Active Listening

In the words of Dalai Lama:

*"When you speak, you repeat what you know.
When you listen, you learn something new."*

A great leader's has the ability to connect with team members through soft skills — such as active listening - promotes a healthy communication between leaders and team members and establishes a foundation for trust.

Effective Communication

The effectiveness of communication is defined not by the communication itself, but by the response. Start thinking about who you're trying to reach, what you want them to do, how they're going to respond and even 'whats in it for them?' to become a better communicator.

Creativity

Creativity in a leadership context is the ability to create and realise innovative solutions, especially in complex or quick changing situations. Creative leaders have an artistic way of thinking: innovative ideas and a willingness to fail many times to discover what really works!

Empathy

Empathy is the ability to understand another person's experience, perspective and feelings. Empathy enables us to know if the people we are trying to reach are actually reached and it is without doubt an essential quality for competent leadership.

Charisma

Charismatic leaders tend to be able to see the gaps between what an organisation delivers to its team and what the team need from the organisation. They create visions that can easily be understood, which will result in a motivated team that is willing to work towards to a common goal.

Critical Thinking

Critical thinkers are inquisitive and look to find the what and the why behind every proposition. They adopt different perspectives and see potential. Critical thinkers have a creativity that allows them to see opportunities where others see obstacles, realise a potential where others may not, and seize opportunities through prompt decision-making.



Thu-Jul 2	Arrivals, orientation and settling in.					
	Morning (09:00 - 12:30)		Afternoon (14:00 - 18:00)		Evening (20:00 - 22:00)	
Fri-Jul 3	Welcome Ceremony! with testing and induction		Silly Sports Day		Disco! Welcome Party	
Sat-Jul 4	Skills focus 1 : Team Building Class 1 Class 2 Class 3			Mannequin Challenge! and capture the flag	International Challenge Night!	
Sun-Jul 5	Full Day Leicester + Stamford With walking tour and National Space Centre Entrance				House Event Movies, Games, House night	
Mon-Jul 6	Skills focus 2 : Active Listening Class 1 Class 2 Class 3			Touch Rugby and "Your Haka"	Drama Workshop/Model United Nation/ Sport Session/dance	
Tue-Jul 7	Skills focus 3 : Effective Communication Class 1 Class 2 Class 3			Monument building and sports session	Quiz/Egg Drop Challenge	
Wed-Jul 8	Full day excursion to Oxford With walking tour and entrance to Magdalen College				Disco! International Mix and Match!	
Thu-Jul 9	Skills focus 4: Creativity Class 1 Class 2 Class 3			Rocket building challenge	Murder mystery evening	
Fri-Jul 10	Skills focus 5 : Empathy Class 1 Class 2 Class 3			Sport Tournament	Drama Workshop/Model United Nation/ Sport Session/dance	
Sat-Jul 11	Stratford upon Avon and Warwick With walking tour and entrance to Warwick Castle				House Event Movies, Games, House night	
Sun-Jul 12	Skills focus 6 : Charisma Class 1 Class 2 Class 3			Colour Fun	Talent Show/Karaoke Show us your skills!	
Mon-Jul 13	Skills focus 7 : Critical Thinking Class 1 Class 2 Class 3			Video Memories	Closing Ceremony certificates and recognition	
Tue-Jul 14	London - Extended With walking tour and Shard + Rivercruise or London Eye					
Wed-Jul 15	Great Yarmouth With walking tour and entrance to Sea Life Centre				Farewell Disco!	
Thu-Jul 16	Departure Day					

Get set for an amazing experience with Dusemond Study Programmes!

info:

Lessons ●

Teachers teach Skillset based classes in English. The Leadership Skills Classes feature in the mornings before breaking out for activities.

Activities ● ● ● ●

Activity Leaders run engaging activities and tours for all (primarily in the evenings and some afternoons) as well as supporting the **Teachers** with afternoon Excursion lessons. **Welfare Leaders** host fun House Events!

Excursions ●

Led by **Activity Leaders**. An exciting programme of cultural visits and fun away days with coaches picking up form & returning to the school.